

**RIGHT FOOT**

**LEFT FOOT**

**HEAD &  
NECK**

**LEFT ARM  
LEFT LEG**

**RIGHT LEG  
RIGHT ARM  
HEAD &  
NECK**

**RIGHT  
ARM**

**LEFT  
ARM**

**RIGHT  
LEG**

**LEFT  
LEG**

**CHEST, HEART,  
& STOMACH**

**ABDOMEN**

**LOWER BACK  
& GENITALS**

